Your gut. Your brain. Your heart.
Did you know that all three are interconnected and vital to your mental wellness?

Join us at our 2020 Vision Winter Tour event to learn more!
As The Mental Wellness Company®, we’ve developed the world’s first holistic mental wellness platform of products, programs, and people! Want to find out more?

Attend this 2020 Vision Winter Tour event and find out how you can take yourself to a higher level of mental and physical performance in your everyday life.

Date: Saturday, January 18
Time: 10 AM-12 PM Overview 1 PM - 3PM Training
Location: Crossroads Conference Center
6569 Clay Avenue SW
Grand Rapids, MI

Register: https://amarevisiontour-grandrapids.eventbrite.com

Your gut. Your brain. Your heart.
Did you know that all three are interconnected and vital to your mental wellness?

Join us at our 2020 Vision Winter Tour event to learn more!
As The Mental Wellness Company®, we’ve developed the world’s first holistic mental wellness platform of products, programs, and people! Want to find out more?

Attend this 2020 Vision Winter Tour event and find out how you can take yourself to a higher level of mental and physical performance in your everyday life.

---

**Featured Speakers**

**Dr. Shawn Talbott**  
Chief Science Officer  
Founding Executive

**Pat Hintze**  
Founding Wellness Partner

---

**LEARN the science**  
**NETWORK with others**  
**DISCOVER award-winning products**  
**GATHER new techniques**  
**EXPERIENCE personal growth**